

# The Percival Guildhouse

Rugby's Independent Centre for Adult Education & the Arts

## AUTUMN 2025



SCAN ME

## CLASSES & CLUBS FOR EVERYONE

Morning - Afternoon - Evening

St. Matthew's Street, Rugby, CV21 3BY  
Tel: 01788 542467 Email: [contact@percival-guildhouse.co.uk](mailto:contact@percival-guildhouse.co.uk)  
[www.percival-guildhouse.co.uk](http://www.percival-guildhouse.co.uk)  
Registered Charity No 528782



## THE GUILDHOUSE WEEK AT A GLANCE

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# **WELCOME TO THE PERCIVAL GUILDHOUSE**

## **Rugby's Independent Centre for Adult Education and the Arts**

### **HOW TO JOIN A COURSE – SIGN ON NOW**

Autumn enrolments are dealt with on a “first come, first served” basis. Previous membership of a course does not guarantee a place and there is no advance postal enrolment this year. Everyone can enrol in person, by phone or by post **FROM 14<sup>th</sup> AUGUST**

- **Office open:** from 14<sup>th</sup> August we are open for enrolments 9.30am – 1.30pm until term starts.
- **How to enrol:** come in person, phone us or send your enrolment form and fee in the post.
- **How to pay:** Debit and Credit Cards, Cash, PGH Vouchers and Cheques (payable to The Percival Guildhouse).
- If you enrol by post and would like a receipt, please send a stamped addressed envelope.
- If you wish to check you have been enrolled on your course, please access your PGH account online or contact the office

**Please note: your place is not secured until we receive your payment.**

### **CENTRE STAFF - Who's Who**

#### **Executive Committee**

**Chairman** - Rob Close  
**Secretary** - Clare Turnbull  
**Treasurer** - David Thomson  
Liz Pichon  
Peter Reaney  
David Dove

#### **Office Staff**

**Centre Manager** - Sarah Gall  
**Administrator & Book-keeper** - Fiona Pedley  
**Administrator** - Lorraine Rosser

#### **Caretaking Staff**

Tatjana Sentereva  
Joaquim da Silva

### **Facilities for People with Disabilities**

Every effort is made to accommodate anyone with a physical disability in our classes and activities. Entrances to the side and rear can be accessed via a ramp and there is also an internal lift. If you have difficulty with stairs or cannot use stairs unaided, let us know when you enrol. We will provide you with a Personal Emergency Evacuation Plan (PEEP) which will be used in the event of an emergency. If you have any particular requirements or queries, please contact the office.

**More Information on Enrolment & Fees are on the back of  
the Enrolment Form between pages 8-9**

## GENERAL INFORMATION

Most courses start week beginning 8<sup>th</sup> September 2025 unless otherwise stated. Half Term is 27<sup>th</sup> - 31<sup>st</sup> October inclusive. Guildhouse closed.

### Contact Us

**Tel: 01788-542467 Email: [contact@percival-guildhouse.co.uk](mailto:contact@percival-guildhouse.co.uk)  
[www.percival-guildhouse.co.uk](http://www.percival-guildhouse.co.uk)**

### Office Hours

The Guildhouse Office is normally open during the term as follows:

Monday to Thursday 9.00am – 3.30pm and 6.45 - 9.15pm

Friday 9.00am – 3.30pm.

Please note that in the evenings the office is attended by a voluntary steward who, if unable to answer your query, will take a message so that office staff can return your call. Anyone who is interested in becoming a **VOLUNTARY STEWARD** please contact the office.

### Course Codes & Method of Delivery

All courses are numbered with a three-digit course code. Unless otherwise stated, our courses take place in person at The Percival Guildhouse. Some courses will take place on Zoom and these are clearly highlighted.

All **ENROLMENT** takes place at the Percival Guildhouse.

## Course Information Sheets

For some courses, students are provided with a course outline/syllabus. It is intended to present a general statement of the topics to be covered and the order in which they are to be presented. It will be appreciated that successful learning outcomes are affected by the prior knowledge of the group and by individual interests and expertise. Some variation in the time given to particular topics, and the precise order in which they are presented, is therefore to be expected.

All information is correct at the time of printing.

**The Percival Guildhouse reserves the right to cancel courses or engage alternative tutors when necessary. If a course enrolls fewer than 9 students, a discussion between students and tutors will try to mitigate the financial risk. This may result in a shortened course.**

## Data Protection:

The information provided by students on the PGH enrolment form is held on a database and processed in accordance with the General Data Protection Regulation (GDPR) 2018. The details of this can be found in our Privacy Policy available in the office or at [www.percival-guildhouse.co.uk](http://www.percival-guildhouse.co.uk).

Please let us know if you wish to make any amendments to the personal data we hold about you.

# LANGUAGES

## WHICH LEVEL TO CHOOSE?

We offer a wide range of language classes from Beginner level right up to Advanced level. Beginner levels are for students with no knowledge or very little knowledge of the language. Advanced levels are for students who are fluent in a language and would like to practise their conversation skills. All our other classes fall somewhere in between these two levels!

The class descriptions in the following pages will give you a good idea of what is covered in each class but in order to decide which class will best suit you we suggest contacting us to arrange a quick chat with the tutor who will then advise you. Alternatively, you can join the class you think will suit you best and if, after the first class, you and the tutor think a different class would suit you better we will do our best to transfer you to that class instead

## FRENCH

Please note that where magazines are used there is a yearly subscription of approximately £41.99 for "La Vie Outre-Manche" or £36.99 for "Rendez-vous". However, a discount may be obtained by mentioning the Percival Guildhouse or Anne-Sophie Adelmant when you order.

### 201 BONJOUR! BEGINNERS' FRENCH

*Tuesday 11 Meetings 14:00 - 15:30*

*Tutor: Anne-Sophie Adelmant £108.00, £44.00*

Learn French from scratch, through a choice of situations and vocabulary based on everyday needs while travelling in a French speaking country. This course will encourage you to make quick and genuine progress and give you a real sense of achievement. Can you please purchase the *The BBC Talk French 1* book and CD to be used in this course.

**From 9 September**

### 101 CA VA: FRENCH BEGINNERS PLUS

*Monday 11 Meetings 16:00 - 18:00*

*Tutor: Anne-Sophie Adelmant £143.00, £58.00*

This course is aimed at students who have done the equivalent of one year of French, can say a few words in various situations such as shops, hospitality, booking activities etc. The course will revise the basics, develop vocabulary for everyday situations and most of all bring back confidence to speak while in a French speaking country. We will also discuss culture and traditions, and use the *BBC Talk French 2* coursebook, with authentic audio recordings and role plays. You will then be ready to

enjoy a lovely time in a French speaking country, shopping, ordering food and drinks, and talking to the locals all without stress!

**From 8 September**

### 301 ON Y VA INTERMEDIATE LEVEL 2

*Wednesday 11 Meetings 09:30 - 11:30*

*Tutor: Anne-Sophie Adelmant £143.00, £58.00*

This mostly in French class is aimed at students who are gaining confidence in the language and are able to hold a simple conversation. Students will prepare weekly news reports on their chosen subject, and we will discuss culture and French experiences; grammar exercises and listening practice will also be part of the lessons in the form of dialogues on typical situations while on holiday. The course book *Façon de Parler 2* (5th edition) will be used as a support. "*Le Petit Nicolas*" book will be read in class during the term.

**From 10 September**

### 102 FRENCH EXPERIENCE INTERMEDIATE LEVEL 3

*Monday 11 Meetings 13:30 - 15:30*

*Tutor: Anne-Sophie Adelmant £143.00, £58.00*

In this friendly group, we shall continue to develop listening and speaking skills with lively discussions. This class is conducted all in French, in a very relaxed and friendly atmosphere and the magazine and CDs *Rendez-vous* will be used. Newcomers welcome.

**From 8 September**

### 401 ALLONS-Y! INTERMEDIATE LEVEL 4

*Thursday 11 Meetings 10:00 - 12:00*

*Tutor: Anne-Sophie Adelmant £143.00, £58.00*

This all in French class is aimed at students who are fairly fluent in the language and have an interest in French current affairs. Students will prepare weekly news reports and debate on articles about France. The magazine *La Vie Outre-Manche* will be used as a base for discussions, grammar exercises and listening practices.

**From 11 September**

### 202 PARLONS-EN ADVANCED LEVEL 2

*Tuesday 11 Meetings 10:00 - 12:00*

*Tutor: Anne-Sophie Adelmant £143.00, £58.00*

This all in French class is aimed at students who have a strong fluency in the language and have an interest in French current affairs. Students will prepare weekly news reports and debate on current questions facing French speaking countries. Articles from the magazine *La Vie Outre-Manche* will be used as a base for discussions, grammar exercises and listening practice.

**From 9 September**

**FEE REMISSION IS LIMITED TO ONE COURSE PER PERSON PER TERM**

## GERMAN

### 302 GERMAN INTERMEDIATE LEVEL 3

Wednesday 12 Meetings 10:00 - 12:00

Tutor: Finola Coy £156.00, £63.00

Building on our existing knowledge, we shall extend our vocabulary further. There will be a good mix of speaking, reading and listening, all conducted in a light-hearted manner. Newcomers with a reasonable knowledge of German are also welcome. **No class on the 5<sup>th</sup> November.**

**From 10 September**

## ITALIAN

### 103 ITALIAN BEGINNERS (TERM 2)

Monday 12 Meetings 12:00 - 14:00

Tutor: Corinna Chandler £156.00, £63.00

This was a course for complete beginners that started in April. We began by getting to grips with the pronunciation of Italian and giving basic information about ourselves and others. While covering some grammar, the focus is very much on developing speaking skills along with useful tourist vocabulary, ready to make ourselves understood in time for that next Italian holiday!

**From 8 September**

### 104 ITALIAN IMPROVERS

Monday 12 Meetings 09:30 - 11:30

Tutor: Corinna Chandler £156.00, £63.00

This is a lively, supportive and enthusiastic class which is very welcoming to new students. We have covered past, present and future tenses. This term, we will continue learning about the geography, history and food of Italy alongside building vocabulary, grammar, reading, listening and speaking skills.

**From 8 September**

### 501 ITALIAN IMPROVERS LEVEL 2

Friday 12 Meetings 13:00 - 15:00

Tutor: Adriana White £156.00, £63.00

This is the ideal course if you intend to consolidate your knowledge of Italian and build upon it by learning new vocabulary and grammar rules. It is focused mainly on speaking and listening skills and you will have plenty of opportunities to practise with fellow students and the tutor. Prior knowledge of present, present perfect (passato prossimo) imperfect and future tenses is required.

**From 19 September LATE START**

### 502 ITALIAN INTERMEDIATE LEVEL 4

Friday 12 Meetings 10:00 - 12:00

Tutor: Adriana White £156.00, £63.00

You will consolidate and extend your knowledge of Italian culture and language in a wide range of contexts. Particular emphasis is placed on developing speaking and listening skills and learning about Italian current affairs. Complete familiarity with present, past and future tenses is required, as well as a good knowledge of the imperative and subjunctive modes.

**From 19 September LATE START**

## SPANISH

### 203 SPANISH BEGINNERS

Tuesday 12 Meetings 13:30 - 15:30

Tutor: Lucia Salvatierra £156.00, £63.00

Course for complete beginners or with very little knowledge of the language. You will learn to introduce yourself, numbers, the alphabet, and be able to buy drinks and snacks. Course books: *Pasos 1* and its activity book (4th edition, John Murray Learning). We'll cover chapters 1 and 2. There will be a copy of the OLD course book in the office to help you decide if this is the right course for you

**From 9 September**

# ROOMS FOR HIRE

For regular or occasional meetings at modest rates.  
Contact the Percival Guildhouse office on 01788 542467  
weekdays 9.00 am - 4.00 pm.

### 303 SPANISH BEGINNERS

Wednesday 12 Meetings 19:00 - 21:00

Tutor: Lucia Salvatierra £156.00, £63.00

Course for complete beginners or with very little knowledge of the language. You will learn to introduce yourself, numbers, the alphabet, and be able to buy drinks and snacks. Course books: *Pasos 1* and its activity book (4th edition, John Murray Learning). We'll cover chapters 1 and 2. There will be a copy of the OLD course book in the office to help you decide if this is the right course for you

From 10 September

### 204 SPANISH BEGINNERS CONTINUATION

Tuesday 12 Meetings 19:00 - 21:00

Tutor: Lucia Salvatierra £156.00, £63.00

For people with very little knowledge of the language. We'll work on useful topics like finding your way around, booking a hotel room and more. Course book: *Pasos 1* and its activity book by John Murray Learning (4th edition, chapters 3 & 4). There is a copy of the OLD course book in the office to help you decide if this is the right course for you.

From 9 September

### 403 SPANISH IMPROVERS LEVEL 3+

Thursday 12 Meetings 12:00 - 14:00

Tutor: Julia Tivey £156.00, £63.00

For students who have a basic knowledge of past, present and future tenses and wish to build on that. The main emphasis will be on conversation. Course book: *Pasos 2*.

From 18 September

### 105 SPANISH INTERMEDIATE LEVEL 3

Monday 12 Meetings 09:30 - 11:30

Tutor: Lucia Salvatierra £156.00, £63.00

Chapter 9 In *Pasos 2* is about describing past events. To help us to do that we are going to review and practise the preterite and the imperfect tenses. Course books: *Pasos 2* and its activity book (4th edition, John Murray Learning) There will be a copy of the OLD course book in the office to help you decide if this is the right course for you.

From 8 September

### 402 SPANISH INTERMEDIATE LEVEL 3+

Thursday 12 Meetings 09:30 - 11:30

Tutor: Julia Tivey £156.00, £63.00

A conversation-based class for students who are comfortable using past, present and future tenses and wish to extend their knowledge. Course book: *Sueña 3*.

From 18 September

## LATIN

### 503 IMPROVERS' LATIN

Friday 12 Meetings 11:00 - 13:00

Tutor: Rosemary King £156.00, £63.00

Latin- the language of Virgil and Ovid, but also of the Latin Mass, Gregorian chant and the Vulgate- the version of the Bible which informed our culture for 1000 years. Latin- the key to understanding inscriptions in Britain's churches and other ancient buildings. This class is based on the textbook *The Cambridge Latin Course*, book 3, (ISBN 0-521-644682). If you are new to the group, please contact the tutor on 01788573067, email [rosiking2963@gmail.com](mailto:rosiking2963@gmail.com) for advice on catching up on material already covered. We shall be looking at other texts and inscriptions-usually ones that the students have seen in cathedrals and other ancient buildings-listening to music with Latin texts, and maybe even singing some Latin songs ourselves. This is a very friendly and lively group who will welcome you and make you feel at home.

From 19 September LATE START

## GREEK

### 106 NEW TESTAMENT GREEK

Monday 12 Meetings 14:00 - 16:00

Tutor: John King £48.00

This is a friendly group that meets on Zoom to read and discuss the original Greek texts from the Old and New Testaments and other documents. New members with some knowledge of Greek are most welcome.

From 8 September

## HOW TO ENROL

The office is open during term-time for telephone, email, postal and in-person enrolment or enquiries every weekday  
9.00am to 3.30pm.

## WORDS

### 205 SHAKESPEARE GROUP

Tuesday 10 Meetings 10:00 - 12:00

Leader: *Shakespeare Group* £55.00, £22.00

The group will read, watch and discuss "*Coriolanus*" - the downfall of an heroic Roman General. No previous knowledge is required to join this friendly, lively group. Please provide your own copy of the text.

**From 16 September LATE START**

### 206 WRITE THE STORY OF YOUR LIFE

Tuesday 12 Meetings 10:00 - 12:00

Tutor: *Cathy Whittaker* £156.00, £63.00

If you think your life is boring, think again. The story of your life is unique. This popular course will help you re-discover memories by using triggers and writing exercises, encourage you to use fictional techniques to make your story live on the page, and give you ideas for organising your material. It is a friendly, supportive group for all levels. Come and be inspired.

**From 9 September**

### 207 ADVENTURES IN CREATIVE WRITING

Tuesday 12 Meetings 13:00 - 15:00

Tutor: *Cathy Whittaker* £156.00, £63.00

If you've always wanted to have a go at Creative Writing but have been unsure about what it's all about, this is the course for you. You will have the opportunity to try different genres such as, Memoir, Fiction, Poetry and others such as Writing for Children and Magazines. This is a class for those new to writing and those who wish to take their writing in a new direction. Come along and be inspired!

**From 9 September**

### 304 FROM PAGE TO SCREEN

Wednesday 12 Meetings 10:00 - 12:00

Tutor: *Michael Cahill* £156.00, £63.00

This term we shall be considering three very different "classics" of the twentieth century. They are D.H. Lawrence's *Sons and Lovers*, John le Carré's *Tinker, Tailor, Soldier, Spy* and Kenneth Graeme's delightful *The Wind in the Willows*.

**From 10 September**

### 305 SHAKESPEARE'S WOMEN

Wednesday 8 Meetings 13:30 - 15:30

Tutor: *Alice Richmond* £104.00, £42.00

Shakespeare's female characters are not simply observers of male action: they are women who want to be involved. In fact, Shakespeare's women function as heroes, villains, and everything in between. This course spotlights some of Shakespeare's well-known and lesser-known female characters, examining what they tell us about their plays, the period, and about themselves. No experience necessary, simply come along with an open mind, ready for discussion, and unafraid of spoilers!

**From 10 September**

### 404 CREATIVE WRITING

Thursday 12 Meetings 10:00 - 12:00

Tutor: *Cathy Whittaker* £156.00, £63.00

A friendly, supportive class with plenty of ideas and stimulating writing exercises to start you off or develop your writing further. You will discover essential skills and techniques that will enhance your writing. As well as fiction you'll have the chance to try out some other genres. This class is for beginners and more experienced writers. Come and be inspired.

**From 11 September**

### 405 JOURNEY INTO POETRY

Thursday 12 Meetings 13:30 - 15:30

Tutor: *Cathy Whittaker* £156.00, £63.00

Poetry is growing in popularity, come and see what it's all about. This course gives you the chance to experiment with the many different forms of poetry today, from free verse to traditional. You will learn some of the craft and techniques of writing poetry. We will also be reading and discussing some contemporary writers. It's an enjoyable, informal class with lots of ideas to inspire you. Suitable for beginners and more experienced writers.

**From 11 September**

Term starts on 8<sup>th</sup> September 2025  
Half term is 27<sup>th</sup> – 31<sup>st</sup> October 2025 inclusive  
Guildhouse will be closed.



# HISTORY

## 107 THE CIVIL WAR (1642 1646)

Monday 12 Meetings 10:00 - 12:00

Tutor: Michael Cahill £156.00, £63.00

We will plot the course of the momentous Civil War (1642 - 1646) in which the whole of the United Kingdom participated. For some this clash of personalities, ideologies, suffering and armies is a defining period in our history. It continues to fascinate.

From 8 September Ground Floor

## 208 CATHERINE THE GREAT

Tuesday 12 Meetings 10:00 - 12:00

Tutor: Michael Cahill £156.00, £63.00

Catherine, a German-born princess, was Empress of Russia from 1762 to 1796. She led her Empire into much closer political and cultural participation in Europe. During her reign the Russian administration and law was reorganised and the boundaries of her Empire extended. She was both formidable and remarkable.

From 9 September Ground Floor

## 504 WHO DO YOU THINK YOU ARE?

Friday 10 Meetings 13:00 - 15:00

Tutor: Paul Wilkins £144.00, £58.00

This course has been designed for anyone interested in tracing their family history. We will be looking at numerous historical records, such as military records, newspapers, parish records, criminal registers. The aim is to start telling the stories of your ancestor's lives. Come and embark on your own episode of Who Do You Think

You Are! It will be an amazing journey. You will need to bring your own Ipad or Laptop to access websites.

From 19 September LATE START

## 306 FROM CARTA TO CHARTER

Wednesday 1 Meeting 10:00 - 13:30

Tutor: Alan Marchant £30.00, £12.00

This workshop follows the 600 year story of the English at their most revolting. From Magna Carta (1215) to the Peasants Revolt (1381), the Pilgrimage of Grace (1536), the Levellers (1640s), Peterloo (1819) and the People's Charter (1838), all kinds of people throughout the land campaigned, protested, marched and fought for changes to improve their lives. What were they all moaning about? Were their complaints justified? Did they have much in common? Did they get what they wanted? How much did England change as a result?

8 October

## 307 THE FRANCO YEARS

Wednesday 1 Meeting 10:00 - 13:30

Tutor: Alan Marchant £30.00, £12.00

The brutal Spanish Civil War (1936-39) saw a young General Franco installed as head of government. He ruled remorselessly until his death in 1975. Under his regime recrimination and revenge were widespread and the nameless mass graves of those who suffered under his watch are still being discovered. This workshop tells the story of Franco's rise, how he remained in power, and analyses his legacy in a country where his name is still a lightning rod for controversy and bitter argument.

12 November

## PLEASE REMEMBER:

IF YOU REQUIRE YOUR RECEIPT, PLEASE SEND A STAMPED  
ADDRESSED ENVELOPE. IF YOU WISH TO CHECK YOU HAVE BEEN  
ENROLLED ON YOUR COURSE, PLEASE ACCESS YOUR PGH  
ACCOUNT ONLINE OR CONTACT THE OFFICE.

# CRAFTS

## 111 UPHOLSTERY

*Monday 12 Meetings 13:30 - 15:30*

*Tutor: Ruth Brewin £156.00, £63.00*

The course will enable you to learn and develop upholstery techniques. Whether it's a Victorian deep buttoned chair or G plan dining chair you will acquire skills that will transform and breathe new life into items of furniture. This will help you gain the confidence for you to continue with projects at home. Tools and equipment will be available to use on the day and some limited storage space may be available at the Guildhouse. We are a friendly group at the Guildhouse and you'll be made to feel very welcome!

**From 15 September** **Ground Floor**

## 209 CROCHET FOR BEGINNERS

*Tuesday 10 Meetings 10:00 - 12:00*

*Tutor: Joanne Humphreys £130.00, £52.00*

Learn the basics of how to crochet each week, starting with what tools and the basic stitches. As you progress each class you will learn how to read and write patterns, and the differences between UK and US abbreviations and stitch names. We will work in the round to create stuffed toys and dolls, how to make granny squares for blankets and clothing and household sustainable dishcloths and facial pads that can be composted afterwards. You will need a crochet hook and double knit yarn to get started. The tutor will provide the materials for week one then advise what you need to continue.

**From 9 September**

## 213 TRADITIONAL WOODCARVING

*Tuesday 10 Meetings 19:00 - 21:00*

*Tutor: Tom Jennings £130.00, £52.00*

How to carve wood! This course will take you through a simple woodcarving project designed to help you learn traditional carving styles with hand chisels and gouges. It will be run in a safe and friendly environment where you can learn this beautiful craft at a gentle pace. It can be challenging for some, and very rewarding. There will be a charge of £10/£15 for materials, payable to the tutor at the first class.

**From 9 September**

## 311 TEXTILE TEXTURES AND STITCHED MIXED MEDIA

*Wednesday 12 Meetings 10:00 - 12:00*

*Tutor: Lisa Broughton £156.00, £63.00*

This is a fun, relaxed course that encourages you to explore and play with mixed media materials and

techniques, helping you gain the confidence to develop your ideas further. You'll deepen your approach to successful textile design and making, while also developing your own visual language and personal style. Throughout the course I will provide inspiration and ideas demonstrating a variety of techniques supported by examples. You'll take part in practical exercises to learn and apply these techniques, with one-to-one guidance and support from me. All materials will be provided at a cost of £10 payable to the tutor on week 1.

**From 10 September**

## 308 CONTEMPORARY EMBROIDERY AND STITCH ART

*Wednesday 12 Meetings 13:00 - 15:00*

*Tutor: Lisa Broughton £156.00, £63.00*

This course will encourage you to explore creativity through embroidery and mixed media and discover your own style with confidence. Each week I will demonstrate techniques which will be supported with examples to give you ideas and inspiration. Step-by-step, through practical exercises and with individual guidance and support from me, you will build skills and techniques which can be used to create contemporary pieces of embroidered stitch art. On completing this course you can expect to have a range of samples, in addition to finished art pieces, which demonstrate your understanding of embroidery, textile materials, and technical skills. All materials provided at a cost of £10 payable to the tutor on week 1.

**From 10 September**

## 309 SEWING AND DRESSMAKING

*Wednesday 12 Meetings 19:00 - 21:00*

*Tutor: Rachel Doughty £156.00, £63.00*

Have you sewn in the past but lost confidence, perhaps know the basics but want to learn more, or are a complete beginner? Then this is the course for you. Working in a small group you will have lots of support to complete a project of your choice, whether you want to make a cushion cover or a fully tailored jacket. Come along and enjoy a fun and relaxed atmosphere with your fellow sewers. We have a couple of sewing machines but if you can bring your own that would be a great help and if you are fairly new to sewing you can be shown how to use your own machine. During the first session you will learn how to measure yourself accurately, so you will need to bring along a tape measure. You will also need to bring a pattern and fabric for your chosen project. If you need help choosing your first project, get in touch and I can help you with that.

**From 10 September**

The lower fee stated for each course applies to students who are in receipt of a means tested benefit

## **ENROL NOW FEES AND CONCESSIONS**

Fees are shown alongside each course. Each fee includes an Administration fee of £15.00

**Courses show two fee levels.**

1<sup>st</sup> fee = full fee

2<sup>nd</sup> fee = for students who are in receipt of one of the following means tested benefits:

**Fee remission categories:**

1. Job Seekers Allowance
2. Working Tax Credit
3. Housing Benefit/Council Tax Benefit
4. Income Support
5. Employment and Support Allowance (income based)
6. Universal Credit
7. Pension Credit
8. Unwaged dependant on one of the above categories

We are able to give fee remission on our courses as long as we are in receipt of a Grant which allows us to support adults on means tested benefits.

## **FEE REMISSION SUPPORTING EVIDENCE**

Students will need to provide evidence of being in receipt of one of the above benefits. It is essential that you send a photocopy of the documentary evidence of your entitlement to benefit. An enrolment cannot be accepted without this documentation if you are claiming fee remission.

**We accept payment by  
Debit & Credit Cards,  
Cash, PGH Vouchers  
and Cheques  
(payable to the Percival Guildhouse)**

## **REFUND POLICY**

Course fees are non-refundable except in the following circumstances:

- Class closed due to low numbers.
- Medical reasons - prompt notification is required.
- Moving out of the area.
- Unsuitability of the class providing the request is made to the office immediately after the first meeting.

If a class is closed, a full refund will be given. If the class is unsuitable, an administration charge of £15 will be deducted from the refund. In all other circumstances where a refund can be offered, an administrative charge of £15.00 will be made together with a deduction of any sessions to date whether the student has attended or not.

Please note that no refunds will be given under any circumstances for workshops, short courses, visits or classes running on low numbers unless your place can be filled by another student, when a £15.00 administration charge will be made.

## **PHOTOCOPYING COSTS**

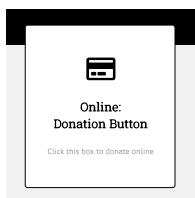
Please note: a reasonable, but limited amount of photocopied material will be provided free of charge to students in every class. Where more photocopied resources are required, students will be asked to contribute.

## **PAY BY INSTALMENTS**


We are happy to accept spread payments for full length courses if you are paying by cheque. Simply send us two cheques, one present-dated and one dated 1<sup>st</sup> November 2025 (each cheque for half of the total fees). This facility is not available for short courses or workshops.

### **PLEASE REMEMBER:**

IF YOU ENROL BY POST AND REQUIRE YOUR RECEIPT,  
PLEASE SEND A STAMPED ADDRESSED ENVELOPE.  
IF YOU WISH TO CHECK YOU HAVE BEEN ENROLLED ON  
YOUR COURSE, PLEASE ACCESS YOUR PGH ACCOUNT  
ONLINE OR CONTACT THE OFFICE.



Use our new donation button to keep your  
Guildhouse alive, **DONATE NOW**  
Let's make a difference together.

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*giftaid it*  
making donations go further


**THE PERCIVAL GUILDHOUSE**  
**CHRISTMAS FAIR**  
Saturday 16<sup>th</sup> November

GIFTS, CRAFTS, BOOKS,  
TOYS, PUZZLES, BRIC-BRAC  
CAKES, RAFFLE, TOMBOLA  
COMPETITIONS, ETC.

*Come and join us and bring your family  
to our Christmas Fair*

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# Help out when you check out

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- 1. Join**  
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- 3. Raise**  
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**Join here:**  
[easyfundraising.org.uk/www.percival-guildhouse.co.uk](http://easyfundraising.org.uk/www.percival-guildhouse.co.uk)

As featured in: 

## WE NEED YOUR HELP

Trustees  
Needed



We urgently need trustees  
with experience of making  
grant applications.  
Get in touch to find out  
more.  
email: [contact@percival-guildhouse.co.uk](mailto:contact@percival-guildhouse.co.uk)

# ART

## 108 ACRYLIC PAINTING FOR IMPROVERS

Monday 12 Meetings 10:00 - 12:00

Tutor: Joanna Bryan £156.00, £63.00

Come and enjoy painting in acrylics in a friendly and supportive class. This is a course for students with some knowledge of acrylics or a progression course for students who have completed the Acrylic Painting for Beginners course. You will be painting a variety of subjects, working mostly from printed images, with some still life arrangements, with prompts, support, demonstrations and suggestions from the tutor. Your own acrylic paint kit is required; **a suggested materials list is available to view on the website.**

From 22 September LATE START

## 109 LEARN TO DRAW

Monday 11 Meetings 13:15 - 15:15

Tutor: Joanna Bryan £143.00, £58.00

Always wanted to draw but don't know where to start? This class will guide you, working through a series of techniques and skill building drawing exercises you will learn how to break down shapes to basic building blocks and build your drawing from a solid foundation. You will learn different ways to approach a drawing and how to select appropriate materials for the subject that you are drawing. The tutor will provide lots of drawing demonstrations and walk you through all the materials. This is a perfect course for beginners or those wishing to revisit and refresh their drawing skills.

From 22 September LATE START

## 110 ADVANCING ACRYLICS

Monday 12 Meetings 19:00 - 21:00

Tutor: Joanna Bryan £156.00, £63.00

Create a time and space to regularly paint in a friendly and supportive class of painters. This course is directed at students with a basic knowledge of painting or students who have attended the Acrylic Painting for Beginners course. Students paint from subjects that they collectively select at the beginning of the course with photographic images provided. With painting demonstrations, prompts, suggestions, individual feedback and support provided by the tutor. Your own paint kit is required; easels and paint boards are at the venue. **Suggested material list is available to view on the website.**

From 22 September LATE START

## 210 PAINTING FIGURES AND FACES FROM PHOTOGRAPHS

Tuesday 12 Meetings 10:00 - 12:00

Tutor: Joanna Bryan £156.00, £63.00

Our topic for the term is myths and legends. You will be introduced to how artists have responded to and painted myths and legends throughout history and how

contemporary artists respond to modern myths. Working initially from a provided image, you will progress to working from your own images and developing your own response to the topic, with feedback and support from the tutor. This group has a supportive WhatsApp chat where we share ideas, images in progress and feedback. Joining this Zoom class offers you the convenience of drawing and painting in your own home but also receiving guidance from a tutor while enjoying being part of a group of like-minded people. This friendly class welcomes new members. If you require any support using either Zoom or WhatsApp please let the office know when enrolling and we can meet at the Guildhouse and introduce you to how it all works. **Materials of own choice, please have basic drawing and painting kit.**

From 23 September LATE START

## 211 STILL LIFE DRAWING

Tuesday 12 Meetings 13:15 - 15:15

Tutor: Joanna Bryan £156.00, £63.00

Come and create a time and space to regularly practice your observational drawing skills. Learn how to break down forms into basic shapes and how to build your drawing from there. This term the theme is 'Costume and Clothing'. Still Life objects are provided and arranged by the tutor and every week you will have warm up drawing exercises to do before creating your own composition and developing a longer drawing. **At the first class you will get a term plan outlining what you will be drawing each week with suggested drawing materials.**

From 23 September LATE START

## 212 WATERCOLOURS FOR BEGINNERS

Tuesday 12 Meetings 19:00 - 21:00

Tutor: Joanna Bryan £156.00, £63.00

This watercolour class is perfect for beginner students who are new to this medium. It will teach you how to use your watercolour materials effectively to create beautiful paintings. This class is tutor led with lots of painting demonstrations and one on one support. You will learn a variety of watercolour effects and techniques from how to create a perfect flat wash to more experimental techniques creating textures with unusual materials such as cling film, wax and salt. **Please see the website for materials list. Come and learn and develop new painting skills.**

From 23 September LATE START

## 310 PAINTING FOR PLEASURE

Wednesday 12 Meetings 10:00 - 12:30

Tutor: Michaela McMillan £195.00, £78.00

Students will work on their own projects, OR from inspiration provided by the tutor. This is a relaxed, non-pressured class, with an emphasis on creativity, having-a-go, and supporting each other. **Students bring their own choice of materials.**

From 10 September

Ground Floor



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### 312 WATERCOLOUR WORKSHOP

*Wednesday 12 Meetings 13:00 - 15:00*

*Tutor: Fiona Setchell £156.00, £63.00*

Watercolour workshop is a course for everyone of all abilities and levels of experience who would like to develop their painting skills more independently. Students will be provided with material to work from each week that will include an artists' painting as well as supporting material. Students new to watercolours have the option to work directly from an artists' image, with tutor demonstrations, to learn foundation watercolour skills. Those more experienced students will be able to build on the foundation skills they already have required through attending classes; they will work from photographs and use the artist work and teacher demonstration to support their individual pieces of work. There is no pressure to complete a piece of work each week, students will be encouraged to work at a pace they are comfortable with. You will enjoy painting in a friendly, relaxed and supportive environment with 1:1 support as well as clear and engaging tutor led demonstrations. **The tutor will provide a materials list along with the term's curriculum.**

**From 10 September**

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### 506 GET STUCK INTO ART

*Friday 11 Meetings 10:00 - 12:30*

*Tutor: Fiona Setchell £179.00, £72.00*

Do you love art but need some direction as to how to get the best out of art materials? Perhaps you are confident in some media but would like to learn new skills. This course will cover the elements of art that will unleash unlimited creative possibilities. I will teach you different approaches to drawing to help you find what works best for you and to build your confidence in drawing from observation. All levels of experience and ability are welcome; you will be well supported with tutor led demonstrations and 1:1 support. Each week I will demonstrate different media and provide you with a selection of photographic images to work from. We will cover, pencil tonal, colour pencil, pen, chalk and charcoal, oil pastel, chalk pastel/pencil, I am also happy to take requests! **I will provide you with an equipment list on enrolment but will also have materials available for you to use at a small additional cost.**

**From 19 September LATE START**

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### 505 ART WORKSHOP

*Friday 12 Meetings 10:00 - 12:00*

*Tutor: Rachel Doughty £156.00, £63.00*

This class is designed for you to get one-to-one support on your art projects from an experienced tutor and professional artist. You will be supported to develop your skills and knowledge in whichever materials you prefer to work with. Still life set ups will be available for observation or you can work from photographs. There will be regular

demonstrations and the chance to have a go at learning about new techniques and materials. I will also offer PowerPoint presentations of different art movements or specific artists. At least once a term we will also arrange a trip to visit an art collection either at a gallery or stately home. All levels of ability are welcome, from beginners to the experienced. The atmosphere is fun and relaxed so if you would like to join us please bring along a project you wish to work on which we can discuss at the first lesson. **You will need to provide your own materials.**

**From 19 September LATE START**

## HEALTH

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### 112 MINDFUL MONDAYS CONTINUED

*Monday 10 Meetings 10:00 - 11:30*

*Tutor: Samantha Hall £98.00, £40.00*

Mindful Mondays Continued will expand on the introduction to the art of being aware, without judgement or criticism, allowing you to rest in the peace of the present moment. In a relaxed setting, you will continue to learn to take more pauses. To tune into your senses, thoughts, breath and body sensations continuing to cultivate a new relationship with yourself where you are not always in the overthinking mind. Discover who/ what you really are beyond mind's commentary. **Please bring a journal and a pen.**

**From 8 September**

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### 113 CHAIR YOGA

*Monday 10 Meetings 12:30 - 13:30*

*Tutor: Kailash Mistry £65.00, £26.00*

Chair yoga is becoming increasingly popular as an alternative to the floor Yoga. All the postures are modified and made easier to practise on a chair yet getting the same benefits. It is suitable for everyone, whether you are a complete beginner or you have been practising for some time. You will work at your own pace and abilities. Yoga is a holistic approach to improve your overall health addressing physical, mental and emotional wellbeing. You will be guided with clear instructions and demonstration to learn asana (postures) pranayama (breath work) mudra (hand gestures) meditation and relaxation. The aim is to bring strength and flexibility into the joints and muscles, improve balance and bring calmness to your mind. Not suitable for those who have had recent operation or surgery.

**From 8 September**

**The lower fee stated for each course  
applies to students who are in receipt  
of a means tested benefit**

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## 114 CHAIR YOGA

*Monday 10 Meetings 13:45 - 14:45*

*Tutor: Kailash Mistry £65.00, £26.00*

Chair yoga is becoming increasingly popular as an alternative to the floor Yoga. All the postures are modified and made easier to practise on a chair yet getting the same benefits. It is suitable for everyone, whether you are a complete beginner or you have been practising for some time. You will work at your own pace and abilities. Yoga is a holistic approach to improve your overall health addressing physical, mental and emotional wellbeing. You will be guided with clear instructions and demonstration to learn asana (postures) pranayama (breath work) mudra (hand gestures) meditation and relaxation. The aim is to bring strength and flexibility into the joints and muscles, improve balance and bring calmness to your mind. Not suitable for those who have had recent operation or surgery.

**From 8 September**

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## 115 SEATED TAI CHI/SHIBASHI QIGONG

*Monday 12 Meetings 17:30 - 18:30*

*Tutor: Cathy Nixon £78.00, £32.00*

Experience the gentle, flowing movements of Seated Shibashi Qigong and Tai Chi in a welcoming and relaxing environment at Percival Guildhouse, Rugby. Guided by experienced instructor Cathy Nixon, this class is perfect for those looking to improve balance, flexibility, and relaxation while seated. Shibashi Qigong is a beautiful, meditative practice that combines breathwork with slow, harmonious movements to promote overall well-being. Whether you're new to Tai Chi or have experience, this seated session offers a supportive and accessible way to enjoy the benefits of these ancient arts. Join us to nurture both body and mind in a friendly and inclusive space!

**From 8 September**

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## 214 CHAIR YOGA

*Tuesday 10 Meetings 13:00 - 14:00*

*Tutor: Kailash Mistry £65.00, £26.00*

Chair yoga is becoming increasingly popular as an alternative to the floor Yoga. All the postures are modified and made easier to practise on a chair yet getting the same benefits. It is suitable for everyone, whether you are a complete beginner or you have been practising for some time. You will work at your own pace and abilities. Yoga is a holistic approach to improve your overall health addressing physical, mental and emotional wellbeing. You will be guided with clear instructions and demonstration to learn asana (postures) pranayama (breath work) mudra (hand gestures) meditation and relaxation. The aim is to bring strength and flexibility into the joints and muscles, improve balance and bring calmness to your mind. Not suitable for those who have had recent operation or surgery.

**From 9 September**

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## 406 EAT WELL, LIVE WELL

*Thursday 6 Meetings 10:00 - 12:00*

*Tutor: Beth Adams £78.00, £32.00*

If you are keen to make improvements to your diet but aren't sure where to begin, then this course is for you. Over the 6 weeks you will learn how to choose the right carbohydrates and protein-rich foods to keep you full, balance your blood sugar levels and manage your weight. You will learn about the best fats to eat, why good digestion is so important and how to improve your gut health, as well as learn about heart health. You will also learn nutrition and lifestyle tips to help manage stress. Each week you will learn how to make simple changes, which can soon lead to better health and vitality. You will gain insights from keeping a food diary, as well as carry out practical activities such as food label-reading. You will come away with plenty of ideas for delicious, healthy meals to nourish and sustain you. Discover too how using the 80:20 rule means you can still eat the treats you love!

**From 6 November LATE START**

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## 407 MINDFUL THURSDAYS

*Thursday 10 Meetings 10:00 - 11:30*

*Tutor: Samantha Hall £98.00, £40.00*

As we become mindful of our thoughts and feel into the body, we learn to be free of stories of the past and worries of the future, making way for productive, creative thinking – bringing a sense of peace. Through teachings, stories/poetry, and meditation, you'll learn to settle into the present moment and cultivate a new relationship with yourself—one where you're not always lost in mind's chatter. Freedom and peace are precious things which are available to us all when we know where to look.

**From 11 September**

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## 408 REDISCOVER YOUR JOY

*Thursday 5 Meetings 13:00 - 15:00*

*Tutor: Carola Mills £65.00, £26.00*

**From 18 September LATE START**

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## 409 REDISCOVER YOUR JOY

*Thursday 5 Meetings 13:00 - 15:00*

*Tutor: Carola Mills £65.00, £26.00*

**From 6 November LATE START**

Come and rediscover your inner peace and joy in this friendly and supportive class. As a group we will learn together through talking and listening and some creative exercises. Each session we cover a different topic including the following: - the importance of deep listening, and how to do this in practice, which enables us to connect with ourselves and others on a deeper level - the true nature of thought and its impact on your emotions - how to improve your decision making - understanding confidence and self-esteem - reducing stress and anxiety



- overcoming bad habits - empowering you to feel good enough. Come and join us in this class to learn more about yourself in a safe and welcoming environment.

### 508 HATHA YOGA FOR EVERYONE

*Friday 10 Meetings 10:00 - 11:00*

*Tutor: Kailash Mistry £65.00, £26.00*

Hatha Yoga is a traditional style of Yoga, suitable for everyone, whether you are a complete beginner or you have been practising for some time. You will work at your own pace and abilities. Yoga is a holistic approach to improve your overall health addressing physical, mental and emotional wellbeing. You will be guided with clear instructions and demonstration to learn asana (postures) pranayama (breath work) mudra (hand gestures) meditation and relaxation. The aim is to bring strength and flexibility into your joints and muscles, improve balance and bring calmness to your mind. Not suitable for those who have had recent operation or surgery. You will need to bring your own yoga mat, block, strap and a cushion.

**From 19 September LATE START**

### 507 EAT WELL, LIVE WELL

*Friday 6 Meetings 10:00 - 12:00*

*Tutor: Beth Adams £78.00, £32.00*

If you are keen to make improvements to your diet but aren't sure where to begin, then this course is for you. Over the 6 weeks you will learn how to choose the right carbohydrates and protein-rich foods to keep you full, balance your blood sugar levels and manage your weight. You will learn about the best fats to eat, why good digestion is so important and how to improve your gut health, as well as learn about heart health. You will also learn nutrition and lifestyle tips to help manage stress. Each week you will learn how to make simple changes, which can soon lead to better health and vitality. You will gain insights from keeping a food diary, as well as carry out practical activities such as food label-reading. You will come away with plenty of ideas for delicious, healthy meals to nourish and sustain you. Discover too how using the 80:20 rule means you can still eat the treats you love!

**From 19 September LATE START**

### 509 HATHA YOGA FOR EVERYONE

*Friday 10 Meetings 11:15 - 12:15*

*Tutor: Kailash Mistry £65.00, £26.00*

Hatha Yoga is a traditional style of Yoga, suitable for everyone, whether you are a complete beginner or you have been practicing for some time. You will work at your own pace and abilities. Yoga is a holistic approach to improve your overall health addressing physical, mental and emotional wellbeing. You will be guided with clear instructions and demonstration to learn asana (postures) pranayama (breath work) mudra (hand

gestures) meditation and relaxation. The aim is to bring strength and flexibility into your joints and muscles, improve balance and bring calmness to your mind. Not suitable for those who have had recent operation or surgery. You will need to bring your own yoga mat, block, strap and a cushion.

**From 19 September LATE START**

### 510 GUIDED MEDITATION FOR EVERYONE

*Friday 10 Meetings 13:00 - 14:00*

*Tutor: Kailash Mistry £65.00, £26.00*

Meditation has now become a necessity to overcome stress, anxiety, fear and insomnia. It is medically proven to help with calming your racing mind and find your inner peace. Guided meditation class offers various techniques to achieve a peaceful state of mind simply by working through your breath and body. Many of us find it better to come to a group and learn together in a comfortable and friendly environment with like-minded people. This place offers all of that so come and join the class if you have never done it before. You don't need to bring anything and you will be sitting on a chair.

**From 19 September LATE START**

### 511 GUIDED MEDITATION FOR EVERYONE

*Friday 10 Meetings 14:15 - 15:15*

*Tutor: Kailash Mistry £65.00, £26.00*

Meditation has now become a necessity to overcome stress, anxiety, fear and insomnia. It is medically proven to help with calming your racing mind and find your inner peace. Guided meditation class offers various techniques to achieve a peaceful state of mind simply by working through your breath and body. Many of us find it better to come to a group and learn together in a comfortable and friendly environment with like-minded people. This place offers all of that so come and join the class if you have never done it before. You don't need to bring anything and you will be sitting on a chair.

**From 19 September LATE START**

Term starts on  
8<sup>th</sup> September 2025  
Half term is  
27 – 31 October 2025  
inclusive Guildhouse  
will be closed.

## GENERAL INTEREST

### 116 OPERA: RINGING THE CHANGES AGAIN!

Monday 12 Meetings 13:30 - 15:30

Tutor: Michael Cahill £156.00, £63.00

We certainly will be! We will introduce Handel's *Julius Caesar* and then consider one of Bonizetti's "Tudor Operas", *Roberto Devereux*. By contrast we will turn to Michael Tippett's *King Priam*, and finish with Struass's *Die Fledermaus* in commemoration of his bicentenary.

From 8 September

### 313 INTRODUCTION TO ANIMATION

Wednesday 12 Meetings 19:00 - 21:00

Tutor: Mel Lee £156.00, £63.00

Bring your ideas to life with this introduction to animation course. From zoetropes, experimental animation, to final post-production, this course offers the individual the opportunity to learn the tricks and artistic skills to bring movement and personality to your objects and drawings.

From 10 September

### 410 CHARACTER CONCEPT DESIGN FOR GAMES AND ANIMATION

Thursday 12 Meetings 19:00 - 21:00

Tutor: Mel Lee £156.00, £63.00

Learn the techniques and design skills for character design for both the games and animation Industry. From Life Drawing through to final concept bring an idea to life on this 12-week course.

From 11 September

### 512 BEGINNER PHOTOGRAPHY

Friday 12 Meetings 10:00 - 12:00

Tutor: Mohini Mistry £156.00, £63.00

Join a 12-week Beginner Photography Course to master the fundamentals! Learn exposure, composition, and lighting through hands-on assignments and engaging discussions. Explore the works of influential photographers, receive personalized feedback, and unlock your creative potential. Turn everyday moments into extraordinary images and start your photographic journey today.

From 19 September LATE START

### 513 ADVANCED PHOTOGRAPHY

Friday 12 Meetings 13:30 - 15:30

Tutor: Mohini Mistry £156.00, £63.00

Advanced photography for those who already have a grasp of technical photography. Elevate your skills in our immersive Advanced Photography Course! Over twelve weeks, explore sophisticated techniques, master Photoshop and Lightroom editing, and analyse the works of renowned photographers. Join a community of

passionate creatives, receive personalized feedback, and develop your distinct style to transform your photographic vision into reality!

From 19 September LATE START

## SATURDAY WORKSHOPS

### 601 INTRODUCTION TO REFLEXOLOGY

Saturday 1 Meeting 10:00 - 16:00

Tutor: Sue McCrea £50.00, £20.00

Reflexology, also known as zone therapy is a holistic, ancient therapy that has its origins in Egypt, China and India. It uses pressure on various points on the feet, hands, face and ears that correspond to parts of the body. It results in deep relaxation. This short introduction will focus on reflex areas on the feet and hands and will be predominately practical, working in pairs. Please bring a small towel and pillow. Short nails are advisable please. Foot cream will be available to buy from the tutor or bring your own.

27 September

### 602 JOHN CHURCHILL

Saturday 1 Meeting 10:00 - 16:00

Tutor: Gillian White £50.00, £20.00

John Churchill was a national hero who rose to the top in late Stuart society and then lost it all as the political sands shifted. We'll follow his story and also examine Blenheim Palace, the great white elephant gifted by a grateful nation.

27 September

### 603 MORE BALLET HOO!

Saturday 1 Meeting 10:00 - 13:00

Tutor: Maurice Crutchlow £25.00, £10.00

A further dip into the lesser known world of classical ballet using DVD extracts from the repertoire of works of the major European and American companies. My personal longtime ballet-going memories will hopefully provide some entertaining background history but, again, no toe shoes required!!

27 September

### 604 STRESS-BUSTING WORKSHOP: TECHNIQUES FOR A HAPPIER, HEALTHIER YOU

Saturday 1 Meeting 10:00 - 16:00

Tutor: Beth Adams £50.00, £20.00

Do you suffer from stress? Do you need to learn techniques to help you manage your stress? Do you understand the relationship between food and stress? This interactive course will provide you with all the guidance on nutrition and lifestyle you need to help

manage your stress levels, as well as improve your sleep, key to managing stress. You will take part in a guided meditation, together with gain pointers and undertake practical exercises on how to stay in the present moment, beyond the over-thinking mind. Beth Adams is joined by Sam Hall for this workshop.

**27 September**

### 605 ORIGAMI BOOKS

*Saturday 1 Meeting 10:00 - 15:00*

*Tutor: Rachel Dougherty £42.00, £17.00*

During this day workshop you will have the opportunity to make at least 4 little books made using the Origami technique of folding paper. You will be shown step by step how to create books like an Ori Folder book, a Chinese Thread book that can be used to store little mementos in, and mini origami books from one sheet of paper that make gorgeous little note books. Everything will be produced in a slow, relaxed atmosphere with easy to follow instructions. I will provide all the papers you will need at an additional cost of £5, to be paid to the tutor on the day.

**27 September**

### 606 EMBROIDERY & STITCH ART

*Saturday 1 Meeting 10:00 - 16:00*

*Tutor: Lisa Broughton £50.00, £20.00*

Come and explore the art of embroidery and stitch art in this fun and relaxed one day workshop. You will learn to draw with a sewing needle, play with fabrics, be creative with colour and experiment with threads and trimmings. You will gain skills in hand embroidery, embroidery stitches and appliqué. I will demonstrate techniques which will be supported with examples and visuals to give you ideas and inspiration to discover your own style with confidence. At the end of the day you can expect to have some samples and a finished piece of stitch art that is unique to you. All materials will be provided at a cost of £10 payable to the tutor on the day.

**27 September**

### 607 LEARN TO USE YOUR SEWING MACHINE

*Saturday 1 Meeting 10:00 - 16:00*

*Tutor: Nicola Downes £50.00, £20.00*

Have you always wanted to sew or not touched a sewing machine for a long time? This course is designed for those who are completely new and for those wishing to re-start their sewing. With step-by-step demonstrations and helpful tips the tutor will talk you through threading, various stitches, seams, machine feet etc. Please bring with you: Sewing machine, the foot pedal, accessory box & manual. Sewing thread in a bright colour (red, etc.) Scissors. ½ metre plain cotton fabric. Notebook & pencil. I will have a small amount of materials available at an additional cost.

**27 September**

### 608 DRAWING ANIMALS IN COLOURED PENCILS

*Saturday 1 Meeting 10:00 - 16:00*

*Tutor: Joanna Bryan £50.00, £20.00*

Do you have a set of coloured pencils but don't know how to get the most out of them? Come along to this workshop and let me show you some techniques. With tutor demonstrations you will learn how to lay down colours, how to blend them together and how to create texture and whiskers. You will create a colourful drawing of a furry animal with images provided to work from. A full materials list is available on the website.

**11 October**

### 609 STRESS-BUSTING WORKSHOP: TECHNIQUES FOR A HAPPIER, HEALTHIER YOU

*Saturday 1 Meeting 10:00 - 16:00*

*Tutor: Beth Adams £50.00, £20.00*

Do you suffer from stress? Do you need to learn techniques to help you manage your stress? Do you understand the relationship between food and stress? This interactive course will provide you with all the guidance on nutrition and lifestyle you need to help manage your stress levels, as well as improve your sleep, key to managing stress. You will take part in a guided meditation, together with gain pointers and undertake practical exercises on how to stay in the present moment, beyond the over-thinking mind. Beth Adams is joined by Sam Hall for this workshop.

**11 October**

### 610 THE PHOTOGRAPHER'S EYE

*Saturday 1 Meeting 10:00 - 16:00*

*Tutor: Mohini Mistry £50.00, £20.00*

Join us for the Photographer's Eye a transformative one-day workshop designed to sharpen your observational skills and enhance your ability to capture stunning images. Discover how to see the world through the lens of light and shadow, as you learn to identify unique perspectives and compositions. Unleash your creativity and transform ordinary scenes into extraordinary photographs.

**11 October**

## HOW TO ENROL

The office is open during term-time for telephone, email, postal and in-person enrolment or enquiries every weekday 9.00am to 3.30pm.

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## 611 AN INTRODUCTION TO OIL PAINTING

*Saturday 1 Meeting 10:00 - 15:00*

*Tutor: Rachel Doughty £42.00, £17.00*

We will start the day with a brief history of oil paint followed by how modern-day oil paints are made. During the day we will look at colour mixing with a bit of colour theory; what additives can be used and how this changes the way the paint can be applied such as impasto and glazes and brushes and how to use them. We will finish the day by doing a small still life painting of a piece of fruit, putting into practice what we have learnt. **You will need to bring a set of oil paints (Ultramarine blue, Cadmium Red, Cadmium Yellow light or Cadmium Lemon and Titanium White), brushes, mostly flats, palette paper or a palette, good quality cartridge paper and a small canvas board. There will be a small charge of £4 to cover the cost of additive mediums, Gesso and paint thinner, payable on the day.**

**11 October**

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## 612 LEARN TO USE YOUR OVERLOCKER

*Saturday 1 Meeting 10:00 - 16:00*

*Tutor: Nicola Downes £50.00, £20.00*

Do you have an Overlocker, are you baffled by it? This course will help you gain confidence in using your machine. With step-by-step demonstrations and helpful tips the course will assist with Threading, Tensions, different Stitch Widths, Rolled Hemming, etc. You will need to bring your Machine, foot pedal, accessory box, manual. 4 reels different coloured threads (bright colours preferable), scissors, tweezers, ½ mt of cotton fabric. Notebook & pencil. I will have a small amount of materials available at an additional cost.

**11 October**

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## 613 AIR DRY CLAY ORNAMENTS

*Saturday 1 Meeting 10:00 - 16:00*

*Tutor: Joanne Humphreys £50.00, £20.00*

Join in a fun and creative day learning how to use Airdry clay to make attractive gifts and useful items such as trinket dishes and photo holders for friends and family. You will learn how to mould the clay to achieve the best results, how to paint the finished items. You will also learn how to make jewellery items such as earrings, brooches and pendants. If you have any modelling tools or cookie cutters please bring them along to use on the day. **The tutor will have equipment to borrow and clay will be £4 per block please bring bags/boxes to carry everything home.**

**11 October**

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## 614 FRIENDS IN HIGH PLACES

*Saturday 1 Meeting 10:00 - 16:00*

*Tutor: Roger Butler £50.00, £20.00*

Following last autumn's workshop, this one will take you on another illustrated journey to some of the world's

great mountain ranges. We will discover and explore the landscapes, history, arts and peoples of remote regions including the high Himalayas, the little-known Caucasus, the Atlas Mountains of Morocco and the mountains and jungles of Mexico. Follow the ancient Silk Road to the fabled city of Samarkand and visit dazzling markets in Guatemala! Meet some of our "Friends in High Places" including Sherpa traders, Berber tribesmen and Tibetan nomads. Dramatic photography is combined with amusing tales from the road.

**11 October**

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## 615 REFLEXOLOGY REFRESHER DAY

*Saturday 1 Meeting 10:00 - 16:00*

*Tutor: Sue McCrea £50.00, £20.00*

This one-day workshop is for anyone who has any previous practical knowledge (no matter how long ago) of the ancient art of reflexology and would like to practice, refresh and learn new approaches. We will cover both foot and hand reflexology, working in pairs. Please bring a small towel and pillow. Short nails are advisable please. Foot cream will be available to buy from the tutor or feel free to bring your own

**8 November**

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## 616 CHATSWORTH AND THE CAVENDISH FAMILY

*Saturday 1 Meeting 10:00 - 16:00*

*Tutor: Gillian White £50.00, £20.00*

This is the story of six dukes of Devonshire and their great house, Chatsworth in Derbyshire. There will be a little bit of history, a little bit of architecture, and a really rather large dollop of scandal in high society.

**8 November**

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## 617 WEIGHT MANAGEMENT MADE SIMPLE

*Saturday 1 Meeting 10:00 - 16:00*

*Tutor: Beth Adams £50.00, £20.00*

Do you struggle with your weight? Are you confused about what you should be eating to lose weight? Discover how making a few simple changes to your diet can help you manage your weight, nourish your body and feel better too. Learn how to choose the right carbohydrates and how to combine them with protein and healthy fats to help manage your weight. Find out how to balance your blood sugar levels, key to avoiding the disastrous sugar roller coaster which gets us reaching for quick-fix unhealthy snacks. Practical tasks on the day will help you discover how to look out for hidden sugars in food products, how to read food labels and how to choose healthy fats. You will come away with plenty of ideas for wholesome meals to help manage your weight, nourish and sustain you.

**8 November**

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### 618 FLORAL PAINTING IN ACRYLICS

*Saturday 1 Meeting 10:00 - 16:00*

*Tutor: Joanna Bryan £50.00, £20.00*

Spend the day creating a colourful floral painting at this workshop. With tutor demonstrations and support you will be guided through building your own painting, from laying down a ground to mixing colours and application techniques. You will be working from a still life floral arrangement or a printed image (both of which are provided for you). **A full materials list is available on the website.**

**8 November**

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### 619 LIFE DRAWING

*Saturday 1 Meeting 10:00 - 13:00*

*Tutor: Rachel Doughty £25.00, £10.00*

During this morning workshop you will have the opportunity to draw from a live model with support and guidance from an experienced artist and tutor. You will need to bring your own paper and drawing materials, but I will also have on hand a variety of papers and drawing materials that you are welcome to use. There will be a wide variety of poses that last from a few minutes to over an hour. This workshop is suitable for all levels, including beginners. **There will be an additional payment of £7 to be paid to the tutor on the day and this covers the cost of hiring a model.**

**8 November**

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### 620 NEEDLEFELTING

*Saturday 1 Meeting 10:00 - 16:00*

*Tutor: Joanne Humphreys £50.00, £20.00*

Join in a fun workshop and learn how to needlefelt. You will be shown step by step how to use the tools and materials required to make three dimensional detailed sculptures of birds and animals. We will also make poseable armatures out of wire and pipe cleaners. You will be shown how to create colourful landscapes on a flat piece of felt. If you wish to source your own materials you will need several needle felting needles, a piece of dense foam at least 10cms square and various shades of roving wool. **The tutor will have packs to purchase on the day for £5 each which contain all materials required.**

**8 November**

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### 621 HIDDEN WORLD OF CANAL HERITAGE

*Saturday 1 Meeting 10:00 - 16:00*

*Tutor: Roger Butler £50.00, £20.00*

Come and spend the day learning about our amazing historic canal network. This extends for more than 2,000 miles and – believe it or not - only the Church of England and the National Trust have more listed buildings than our inland waterways. Find out how they were cleverly planned and constructed 250 years ago and discover extraordinary architecture, ingenious engineering, colourful art and plenty of quirky landmarks. No two features are the same! The day will also include interesting archive photos of local canals.

**8 November**

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## CLUBS & GROUPS

Please contact the relevant group for more information.

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**IMPROVERS BRIDGE CLUB.** Friday 10.00am - 12 noon. Contact: Carol Cole 01788 461865.

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**KNITTING CLUB.** 2<sup>nd</sup> & 4<sup>th</sup> Friday of the month 1.30–3.30pm.  
Contact: Sue Hunter 01788 576440.

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## ROOMS FOR HIRE

For regular or occasional meetings at modest rates.  
Contact the Percival Guildhouse office on 01788 542467  
weekdays 9.00 am - 3.30 pm.

# What is the Guildhouse?

The Percival Guildhouse is Rugby's Independent Centre for Adult Education and the Arts. It provides morning, afternoon and evening classes in a wide variety of non-vocational subjects, and a range of special events such as the popular Saturday workshops. It is a rare example in the country of a centre with a full programme of non-vocational adult education.

The Guildhouse is a registered charity. A board of volunteer trustees, the Executive Committee, have responsibility for its governance. The trustees are elected by the Guildhouse membership at

each annual general meeting. Day-to-day management, including administration and development of the academic programme, is carried out by a small team of employed staff, assisted by members of the Executive Committee. Class tutors are qualified professionals or recognised authorities in their subjects.

Membership of the Guildhouse automatically includes anyone who enrolls on a course, who belongs to a Guildhouse group or member organisation, who is a class tutor, or is a volunteer who helps and supports the Guildhouse in the furtherance of its work.

## Where to find us

